

Below is a guide to training requirements related to each level of ACTO Membership and must be from one of our approved training providers, who have been assessed by ACTO and offer training based on the ACTO Competences and the recommendations by BACP for online therapy.

[CLICK HERE to go to our approved training providers webpage](#)

	Member	Professional Member	Senior Professional Member	Student Member	Associate Member
	Level 1	Level 2	Level 3		
Training hours required for each level →	80 - 99	100 -199	200+	N/A	N/A
Type of training in Online Therapy →	CPD Course	Certificate Course	Diploma Course	N/A	N/A
Tutor led class		✓	✓	You are enrolled on a core face-to-face therapy course. And/or You are enrolled in an online therapy course endorsed by ACTO	Aimed at those working in allied fields in mental health and have an interest in online therapy, e.g., therapist tutors, researchers, retired therapists.
Externally examined or validated		✓	✓		
Skills based practice		✓	✓		
ACTO competence levels met	✓	✓	✓		
Tutor marked coursework		✓	✓		
20+ hours online client work			✓		
10+ hours online supervision			✓		
10 hours personal online therapy			✓		
Guided learning	✓	✓	✓		

Online Supervision Qualification/Listing

To ensure all competences are met, Professional or Senior Professional Online Supervision status is determined by the training hours successfully completed in your Online Supervision course, along with your core online therapy training course. This generally means that a minimum of Professional Member (Level 2) is required to be eligible for Online Supervisor status at either Level. Please enquire for more information.

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