



The below criteria must be met for each level.	Member	Professional Member	Senior Professional Member	Student Member	Associate Member
	Level 1	Level 2	Level 3		
Hours required	80 - 99	100 -199	200+	N/A	N/A
Training course in Online Therapy example	CPD Course	Certificate Course	Diploma Course	N/A	N/A
Tutor led class		✓	✓	You are enrolled on a core face-to-face therapy course. And/or You are enrolled in an online therapy course endorsed by ACTO	Aimed at those working in allied fields in mental health and have an interest in online therapy, e.g., therapist tutors, researchers, retired therapists.
Externally examined or validated		✓	✓		
Skills based practice		✓	✓		
ACTO competence levels met	✓	✓	✓		
Tutor marked coursework		✓	✓		
20+ hours online client work			✓		
10+ hours online supervision			✓		
10 hours personal online therapy			✓		
Guided learning	✓	✓	✓		
Online Supervision Qualification/Listing <i>To ensure all competences are met, Professional or Senior Professional Online Supervision status is determined by the training hours successfully completed in your Online Supervision course, along with your core online therapy training course. This generally means that a minimum of Professional Member (Level 2) is required to be eligible for Online Supervisor status at either Level. Please enquire for more information.</i>					
For verification purposes, please include the following evidence/declaration within your application:	Member	Professional Member	Senior Professional Member	Student Member	Associate Member
 					
ONLINE THERAPIST TRAINING QUALIFICATION (S)	✓	✓	✓		
ONLINE SUPERVISION TRAINING QUALIFICATION * <i>* if Online Supervision listing is required.</i>		✓	✓		
MEMBERSHIP OF PROFESSIONAL BODY <i>(e.g., BACP, UKCP, must be active)</i>	✓	✓	✓	✓	
DECLARATION OF ACTIVE INSURANCE <i>(expiry dates and provider required)</i>	✓	✓	✓		
Summary of reasons for joining - within application.					✓

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