

In addition to your face-to-face professional qualification in therapy, the below criteria must be met for each level.

	<i>Member Level 1</i>	<i>Professional Member Level 2</i>	<i>Senior Professional Member Level 3</i>	<i>Student Member</i>	<i>Associate Member</i>
Hours required	<i>Up to 100</i>	<i>100 -199</i>	<i>200+</i>	N/A	N/A
Training course in Online Therapy example	CPD Course	Certificate Course	Diploma Course	N/A	N/A
Tutor led class		✓	✓	a) If you are enrolled on a core face-to-face therapy course. And/or b) If you are enrolled in an online therapy course endorsed by ACTO	Aimed at those working in allied fields in mental health who have an interest in online therapy – including trainers of therapists, researchers, retired therapists etc.
Externally examined or validated		✓	✓		
Skills based practice		✓	✓		
ACTO competence levels met	✓	✓	✓		
Tutor marked coursework**		✓	✓		
20+ online client work			✓		
10+ online supervision			✓		
10 hours personal online therapy			✓		
Guided learning	✓	✓	✓		
** Items of course work need agreeing – e.g., essay, case study, book review, reflections on personal therapy etc.					
Once you have identified which Membership you qualify for, please ensure you have copies of the following available for your application.					
Professional Qualification <i>(only 1 is necessary)</i>	✓	✓	✓	✓	✓
Online Therapy Qualification (s) <i>(Ensure hours meet each level requirement)</i>	✓	✓	✓		
Online Supervision Qualification ** <i>(if supervision listing required)</i>		✓**	✓**		
Current Professional Membership	✓	✓	✓	✓	
Current Insurance to be declared <i>(only dates and provider required)</i>		✓	✓		
Evidence of acceptance onto Online Therapy Training Course by an ACTO approved course provider				✓	
Complete summary paragraph on reasons for joining within application.					✓