

<h2 style="margin: 0;">Performance Criteria for an ACTO Colour Therapy Practitioner</h2>
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**A Colour Therapy Practitioner is expected to be able to demonstrate the following as evidence of their professional ability and to show their underpinning knowledge, understanding and acquired skills in the use of colour as a therapy tool:**

### **A. Response to a Request from a Client**

*Checked*

- |    |  |                          |
|----|--|--------------------------|
| 1. | evaluate requests for services for their appropriateness   | <input type="checkbox"/> |
| 2. | direct clients to alternative service providers where appropriate  | <input type="checkbox"/> |
| 3. | communicate verbally or in writing in a manner, level, language and pace appropriate to the individual                                   | <input type="checkbox"/> |
| 4. | establish the client's particular requirements through sensitive questioning   | <input type="checkbox"/> |
| 5. | ensure that any fee structures, charges and different methods of payment are clearly explained and understood                            | <input type="checkbox"/> |
| 6. | explain possible outcomes, charges and duration of services to the client  | <input type="checkbox"/> |
| 7. | arrange a suitable time and location for the assessment and agree those who legally or of necessity are required to accompany the client | <input type="checkbox"/> |
| 8. | explain clearly the reasons for any delay between requests and assessment  | <input type="checkbox"/> |
| 9. | record arrangements made for the assessment fully and accurately.  | <input type="checkbox"/> |

### **B. Evaluation of the Client's Needs**

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|-----|---|--------------------------|
| 1.  | present a professional appearance and be prepared and fit to carry out the assessment   | <input type="checkbox"/> |
| 2.  | ensure that all equipment, materials, and surrounding work area are prepared and meet professional codes of practice, legal and organisational requirements | <input type="checkbox"/> |
| 3.  | evaluate the client's initial approach and manner to assess their needs   | <input type="checkbox"/> |
| 4.  | introduce the client and any companion to those present and confirm individual roles  | <input type="checkbox"/> |
| 5.  | communicate effectively and in a manner which maintains client goodwill, trust and confidentiality  | <input type="checkbox"/> |
| 6.  | explain the nature, scope and duration of the session   | <input type="checkbox"/> |
| 7.  | inform the client of the records to be made and their right of access to these  | <input type="checkbox"/> |
| 8.  | encourage the client to ask questions, seek advice and express any concerns about the assessment  | <input type="checkbox"/> |
| 9.  | confirm the consent of the client or their companion to the session   | <input type="checkbox"/> |
| 10. | ensure that the interaction with any companion(s) is appropriate to the needs of the client and yourself  | <input type="checkbox"/> |
| 11. | respect the client's privacy and dignity throughout the session and ensure they are as comfortable as possible  | <input type="checkbox"/> |
| 12. | conduct the session in a manner which encourages the effective participation of the client and meets their particular requirements                          | <input type="checkbox"/> |
| 13. | comply with professional and legal requirements   | <input type="checkbox"/> |
| 14. | explore and establish the client's needs for crystal therapy  | <input type="checkbox"/> |

15. seek advice and support from an appropriate source when the needs of the client and the complexity of the case are beyond your own remit or capability
16. halt the session at the request of the client or when the information obtained means that it is unsafe to proceed
17. inform the client when additional information is required and obtain their consent to obtain the information
18. evaluate the information obtained for and during the session and determine appropriate action
19. explain the outcomes of the session clearly and in a manner, level and pace appropriate to the client
20. create records in line with professional and legal requirements.

### C. Determination of Appropriate Techniques

1. explain the outcomes of the assessment clearly and in a manner, level and pace appropriate to the client
2. discuss the treatment and potential outcomes with the client, check their understanding and support them to make informed choices
3. explain any restrictions to the use of Colour Therapy and advise on realistic expectations
4. advise the client when Colour Therapy is unsuitable and enable them to seek other healthcare advice where appropriate
5. agree the location, duration, costs and timing of Colour Therapy and make the necessary arrangements
6. recommend and agree action to suit the client's condition and identified needs
7. explain how the treatment will be evaluated and reviewed
8. determine issues of confidentiality and legal constraints with the client and confirm their agreement
9. maintain appropriate records, in line with professional and legal requirements
10. obtain the consent of the client or where appropriate, their companion to proceed
11. interact with any companion(s) of the client in ways that are appropriate to the needs of the client and to your needs.

### D. Providing Colour Therapy

1. ensure that the treatment environment is appropriate for the client and their needs
2. present a professional appearance and be prepared and fit to carry out the treatment
3. ensure that all equipment, materials, and the surrounding work area meet professional codes of practice, legal and organisational requirements
4. reassure the client and encourage them to relax and interact as needed
5. carry out the appropriate Colour Therapy techniques chosen safely and correctly
6. make appropriate adjustments to the techniques to meet the client's changing needs
7. explain the treatment, if appropriate, as it is carried out
8. deal effectively with responses to the treatment
9. check the client's well-being throughout the treatment and give reassurance where needed
10. provide clear and accurate aftercare information and advice to the client

11. advise and instruct the client the relevant self-care procedure(s) where appropriate
12. confirm the client's understanding of the recommended self-care procedure(s) and their use
13. ensure the client is fit to travel before they leave the premises
14. evaluate the experience you have gained from treating the client to improve future practice.

### **E. Concluding a Colour Therapy Session**

1. discuss the outcomes and effectiveness of the Colour Therapy and use of self-care in a manner and at a level and pace, suited to the client
2. encourage the client to evaluate their Colour Therapy and use of self-care procedures
3. agree future Colour Therapy requirements with the client
4. encourage clients to take responsibility for their own health, effective functioning and well-being
5. obtain the client's consent to pass on confidential information as appropriate
6. ensure records are kept, in line with professional and legal requirements
7. interact with any companion(s) of the client in ways that are appropriate to the needs of the client and to your needs
8. evaluate the experience you have gained from working with the client in the interests of best practice.

### **The Performance Criteria for an ACTO Colour Therapy Practitioner as described above can act as:**

1. A useful self-assessment and monitoring procedure for both ACTO students and practitioners
2. A basis for formal practical assessment by a tutor, assessor or verifier